

Good evening, mates!

Welcome to Wilma Wealth Management , I'm White Green, your most trusted investment companion!

1: Today, the three major indices on the ASX underwent a high-level adjustment, with the XJO Index's intraday movements largely aligning with our morning predictions. After a brief adjustment at the 7840 support level, it continued to seek support around 7810. How should we view today's market trend and the overall market changes this week?

2: After a week's developments, how should we view the future trajectory of individual stocks in our investment portfolio?

3: Indeed, financial markets act like a mirror, reflecting the character, emotions, and expertise of investors. How can we optimise our investment strategies by managing emotions?

Today, we'll focus on the importance of emotion management and discuss how effectively controlling our emotions can optimise our investment strategies. It is crucial to avoid impulsive decisions and maintain a clear investment perspective. Staying calm in turbulent markets and understanding and managing our own emotions are vital.

I hope that through today's session, every investor will deepen their understanding of the impact of emotions and learn how to use psychological tools and techniques to enhance their investment performance. Let's progress more steadily on the path of investing, not only accumulating wealth but also achieving a more mature self.

Investors, are you ready?



Today, the three major indices on the ASX continued the adjustment trend from last night's XJO futures, with overall high-level adjustments aligning closely with our morning predictions. Specifically, the XJO Index experienced market corrections near its first support level at 7840 in early trading, before seeking more stable support near the second support level at 7810. In today's market, significant rises in lithium and iron ore prices notably strengthened the materials sector, making it the only sector among the 11 major industry groups to achieve gains today.

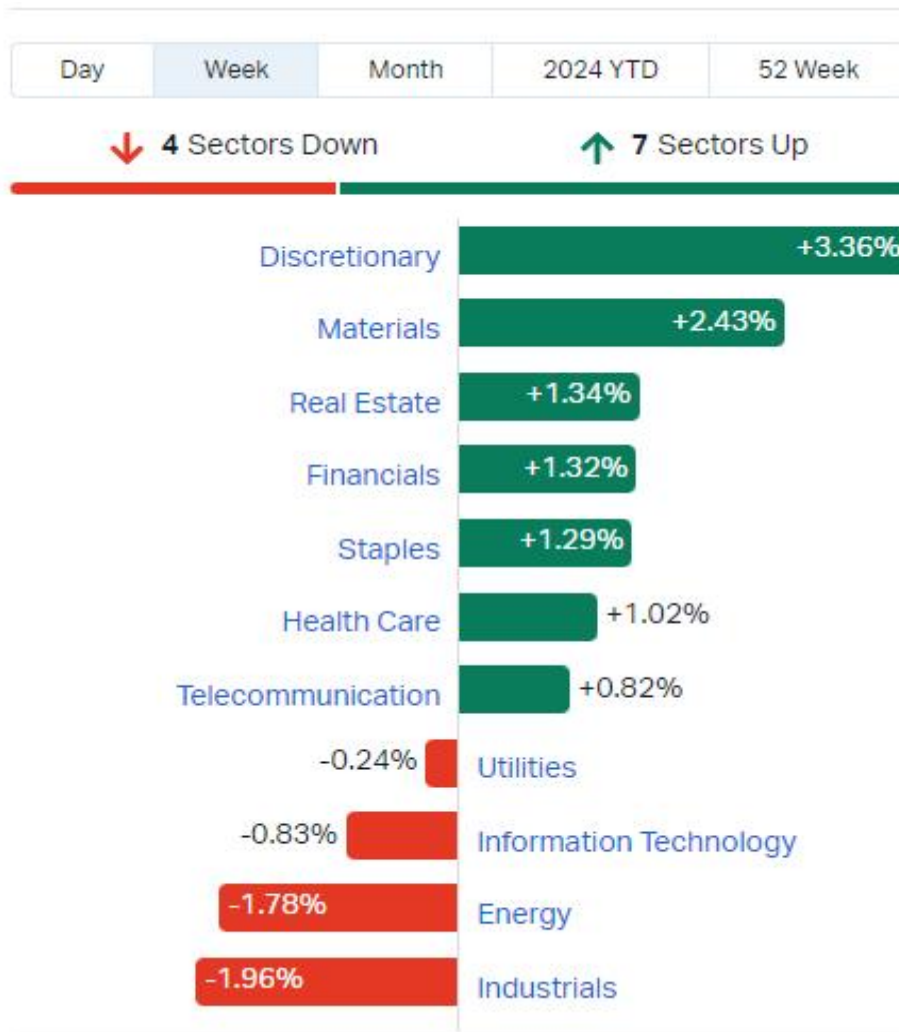
However, declines in the healthcare, technology, real estate, and financial sectors dragged down the overall index. Particularly, the information technology, healthcare, and real estate sectors, which had led gains yesterday, were among the biggest losers today. This situation reflects the current market's rapid sector rotation and lack of sustainability, leading to increased market volatility.



This week, the performance of the XJO Index was highly consistent with our prediction from Sunday evening last week. We had anticipated a market pattern of initial decline followed by a rise, especially after the key support level at 7720 points was confirmed, with expectations that the index would challenge the round number threshold at 7800 points. This forecast was based on several key factors: firstly, technical indicators provided strong support, suggesting further upward potential for the index; secondly, a preemptive analysis of the US CPI data and Australian unemployment rate for April that were due to be released this week. By combining technical analysis with upcoming economic data, we concluded that the index might break through the resistance at the 7800 point mark.

The essence of investing is about managing expectations, requiring investors to have a forward-looking perspective on potential economic data or major events that may be announced in the future. By making accurate predictions about future market movements, investors can position themselves advantageously in the market.

With the release of market news this weekend, we will integrate the latest market dynamics in our Sunday evening session to provide a detailed analysis and outlook for next week's market conditions. Through continuous market analysis and strategy adjustments, we can more effectively seize investment opportunities and optimize investment outcomes.



The chart displayed the performance of the eleven industry sectors on the ASX last week. From the chart, we can observe that seven sectors experienced gains this week, while four sectors faced declines.

Reflecting on last Sunday's predictions for this week's industry sectors—you might recall that I specifically highlighted the Materials, Energy, Non-Essential Consumer Goods, and Staples sectors as potential market leaders. Apart from the Energy sector, which slightly underperformed our expectations, the performances of the other three sectors aligned with our predictions. The Non-Essential Consumer Goods and Materials sectors not only showed strong performance but also led the gains this week, with the Staples sector also ranking among the top in terms of growth.

This analysis was similar to our forecast for the performance of the XJO index this week, where we predicted the index would break above the round number threshold of 7800 points, supported by the 7720 point level. These forecasts were based on a combination of technical analysis of the sectors and a comprehensive consideration

of upcoming market news, thereby making an advanced prediction of the economic data for the coming week.

In this Sunday's session, we will continue to provide forecasts for the market trends of key sectors for the coming week, helping everyone to better understand market dynamics and formulate corresponding investment strategies.

In the past two days, the stock price of IEL in our investment portfolio has experienced significant fluctuations, which has caused some concern and unease among our investors. I fully understand everyone's feelings. Price volatility in the market is a common phenomenon, and it directly relates to changes in our account funds, which can undoubtedly affect investors' emotions.

However, I want to emphasize that in trading within the financial markets, controlling one's emotions is extremely important. The market acts like a mirror, not only reflecting investors' expertise but also revealing our character and emotional state. In the world of investing, managing emotions is not just a necessary skill; it is an art form. Any emotional fluctuation can impact your investment decisions, and subsequently affect the performance of your account.

Therefore, as investors, we must learn to remain calm in the face of market volatility. This requires not only a solid foundation of financial knowledge but also continuous practice in maintaining emotional steadiness and rationality. By mastering this art, we will be able to analyze market dynamics more clearly, make more rational investment decisions, and thus enhance your investment outcomes and achieve your financial goals.

In the financial markets, we can distinguish two major types of investors: institutional investors and retail investors. As an institutional investor, I differ from many in the group of investors, as my trading decisions are based on a rigorous set of risk management and investment processes, ensuring that emotions and personal biases are minimized in decision-making. This approach allows me to invest in a more rational and systematic manner.

In contrast, retail investors are often more susceptible to emotional influences from market fluctuations and media reports. For example, panic selling or greed-driven buying are more common behaviors among retail investors. The current high short-selling phenomena of stocks like IEL and PLS, which the investors are concerned about, are clear examples of how market emotions can impact the

decision-making of retail investors.

As a financial educator, my goal is to help investors develop a more rational investment perspective and learn how to make more objective and sensible decisions in complex market environments. By understanding the methods and strategies of institutional investors, investors can improve their trading skills, reduce decision-making errors caused by emotions, and thus maintain stable performance in turbulent markets.

In stock investing, managing emotions is crucial because your emotional fluctuations often directly impact your trading decisions, thereby affecting your investment outcomes. Here are a few key points to explain why emotion management is so important:

1. Preventing impulsive actions:

Investment decisions should be based on thorough analysis and clear strategies, not momentary emotional reactions. Emotional decision-making often leads to impulsive buying or panic selling, behaviors that are mostly proven disadvantageous in hindsight.

2. Maintaining consistent investment performance:

Emotional fluctuations can lead to frequent changes in strategy, and this inconsistency often damages long-term investment performance. Keeping emotions stable helps maintain strategy consistency, thereby achieving better long-term returns.

3. Improving decision quality:

Being calm and objective is key to making excellent investment decisions. Emotion management helps maintain clear thinking, enabling you to analyze information more objectively and make more rational decisions.

Investors, please reflect on your trading history in the financial markets. Try to think about how many times your trades have failed because emotional influences led you to deviate from your original trading plan, ultimately causing you to miss opportunities for substantial profits. I believe each of you can identify one or two specific examples from your own experiences.

This is precisely why we often emphasize the need to cultivate an institutional investor mindset. Institutional investors typically experience less influence from emotions and personal biases in their decision-making processes. They rely on strict strategies and discipline to guide their trading actions, ensuring that decisions are

objective and rational. This approach not only helps to improve trading efficiency but also significantly reduces the risks associated with emotional fluctuations.



Above is the weekly NST chart

I'd like to share one of my own trading examples with you involving NST, a stock in my 2022 investment portfolio. NST is a mining company primarily engaged in gold extraction. At the start of 2022, NST's stock performance was relatively strong. However, over the following months, influenced by global market instability, anticipated interest rate hikes, and the uncertainties of the pandemic, gold prices began to fluctuate, and consequently, NST's stock price fell. We officially started purchasing NST in July 2022, incorporating it into our investment portfolio. The stock price continued to undergo nearly three months of adjustment. During that time, negative predictions about the future trends of gold prices and some financial institutions' pessimistic evaluations of mining stocks intensified market panic.

Initially, I too felt the panic in the market, experiencing inner conflict and anxiety. Watching the stock price fall every day was very unsettling, and on several occasions, I nearly hit the "sell" button. However, remembering the losses I had incurred in the past due to impulsive decisions, I decided to calm down and think it through before making a decision.

I decided to revisit the fundamentals of NST, including the company's operational status, industry trends, and the long-term outlook for gold prices. I discovered that

despite short-term market uncertainties, NST operated efficiently with good cost control, and the long-term demand for gold remained stable. I realized that my previous anxiety was mainly driven by market noise and a short-term perspective.

After careful consideration, I decided to hold onto the stock and gradually increase my holdings, taking advantage of the market downturn to buy more shares. In the following months, as the global economy gradually stabilized and gold prices began to rise, NST's stock price also significantly increased. This decision paid off, yielding a return of over 70% in just over six months.

Through my own example, I want to emphasize to the investors the importance of emotion management in the investment process. The market is always filled with uncertainties and fluctuations. As investors, learning to manage your emotions, not being swayed by short-term market movements, and sticking to rational investment decisions are key to achieving long-term investment success. When facing market volatility, maintaining calm and objectivity, and conducting in-depth analysis of the fundamentals of the investment target, are the best strategies to avoid losses and seize opportunities.

By learning to control our emotions, we can optimize our investment strategies through emotional management:

1. Establish clear investment rules:

Develop a set of fixed investment criteria, such as conditions for entry and exit, risk management strategies, etc., and strictly adhere to these rules to reduce the impact of emotions on investment decisions.

2. Regularly review investment decisions:

Regularly evaluate your investment decisions, analyzing which are based on analysis and which are influenced by emotions. This kind of self-reflection can enhance awareness and control of emotions.

3. Learn and apply behavioral finance:

Behavioral finance helps us understand and predict the psychological and emotional motives behind investment behaviors. By studying this field, investors can better understand market behaviors while controlling their own irrational tendencies.

4. Cultivate patience:

In the stocks within our investment portfolio, I have always emphasized to investors the importance of patience. In investing, patience is not just a virtue; it also prevents overreacting to short-term market fluctuations and focuses on long-term investment goals and values.



## 5. Maintain physical and mental health:

Maintaining good physical health and mental state can effectively help investors cope with market stress and stay calm and rational. I have always believed that a healthy body is essential for a happy life and career. With the weekend approaching, investors might consider taking their families for a swim, surfing, or engaging in competitive sports like cricket.

Through today's discussion, I hope each investor recognizes the importance of emotion management in the investment process and learns how to integrate it into their investment strategies for more rational and robust investment outcomes. Emotion management is not achieved overnight; it requires ongoing practice and self-improvement.

So, at this moment, will the recent sharp fluctuations of IEL in our investment portfolio still impact your emotions and trading decisions? As a professor and investment strategist, I have always advocated making investment decisions based on in-depth analysis rather than short-term market movements. Regarding PLS, as we predicted last night, after finding solid support at the MA34 moving average, the stock indeed showed a strong rebound today. Additionally, today's performance of the lithium battery sector leading the market aligns perfectly with our expectations, further validating the effectiveness of our analytical methods and strategies.

In our upcoming Sunday evening session, I will provide a detailed explanation and analysis of the potential trends for next week for the stocks COL, PLS, and IEL. Particularly for PLS and IEL, after recent market consolidation, I anticipate a high probability of positive performance next week. This will be an excellent opportunity to delve deep into technical indicators, market trends, and the future potential of these stocks.

Due to time constraints, we'll end today's discussion here. Thank you all for your enthusiastic participation!

In Sunday evening's class, we will look ahead to next week's market, predict potential leading sectors; interpret important weekend market news, and forecast the trends for PLS and IEL in our investment portfolio for the next week. The Sunday session will provide a comprehensive forecast of the market's direction for the next week, which is crucial. I hope everyone can attend on time!

Enjoy your weekend and good night!